

# TCNJ WOMEN'S & MEN'S SENIOR DAY 2007!

TCNJ's athletic department would like to recognize its seniors and congratulate them on their outstanding careers. Over their time with the Lions, these outstanding student-athletes have distinguished themselves both in the pool and in the classroom.

## WOMEN'S TEAM

### Catherine Benigno

### Martinsville, NJ/Bridgewater-Raritan

- A four-year letterwinner for the Lions, she is a 2005-06 TCNJ Scholar-Athlete and a Dean's List student majoring in nursing at TCNJ.
- Finished 2nd as part of the 200 medley relay and was 13<sup>th</sup> in the 100 back at METs in 2006.
- Placed second in both the 400 and 800 free relays, fourth in the 200 free relay, fifth in the 100 free, seventh in the 100 back, and 12<sup>th</sup> in the 50 free at the 2005 METs in 2005.
- 2004 NCAA qualifier and 2004 MET Champion—400 free relay.
- Finished fourth in the 100 back, fifth in the 200 back, and 11<sup>th</sup> in the 50 free at the 2004 METs.



### TCNJ Career Best Times

- 100 Back: 1:01.43                      100 Free: 55.04                      200 Back: 2:16.21
- 200 Free: 2:02.89                      50 Free: 25.41                      200 IM: 2:17.52

### Kerry Genese

### Hamilton, NJ/Lawrence

- A transfer from Skidmore College, she earned the Coach's Award there and has earned one letter here at TCNJ and is now in her second season with the Lions.
- Majoring in international studies at TCNJ
- Kerry studied abroad in the Spring of 2006 in Italy.



### TCNJ Career Best Times

- 50 Free: 25.99                      100 Fly: 1:07.57                      100 Free: 56.79                      200 Free: 2:05.72

### Laura Heslin

### Allendale, NJ/Northern Highlands

- 2005-06 TCNJ Scholar-Athlete and a four-year letterwinner at TCNJ.
- At the 2006 METs, finished 10<sup>th</sup> in the 1,650 free and 11<sup>th</sup> in the 200 back.
- 2005: Placed fourth in the 1650 free and 11<sup>th</sup> in the 500 free at the 2005 METs.
- Finished 13<sup>th</sup> in both the 500 and 1650 free events and 14<sup>th</sup> in the 100 back at the 2004 METs.
- Member of TCNJ's SAAC as well as a Dean's List Student.
- Laura is a health and exercise science major with a minor in psychology.
- After graduation she will be attending graduate school where she will be working towards her doctorate in physical therapy.



### TCNJ Career Best Times

- 100 Back: 1:04.23                      1000 Free: 11:21.67                      500 Free: 5:27.86
- 1650 Free: 18:52.35                      200 Back: 2:16.03

### Kristin Makris

### Shamong, NJ/Shawnee

- A four-year letterwinner in swimming at TCNJ, she is majoring in nursing.
- She is a team tri-captain for the 2006-2007 Lions.
- She plans on pursuing a career as a registered nurse.
- Kristin will assist the program as a member of the coaching staff next year.



### TCNJ Career Best Times

- 100 Fly: 1:04.80                      400 IM: 4:59.04                      200 Fly: 2:19.55                      200 IM: 2:21.91

### Julie Nami

### Yardville, NJ/Steinert

- Voted the most improved swimmer on the team in 2004-2005, she is also a 4-year letterwinner.
- She is a spanish secondary education major at TCNJ.
- A member of the Spanish Honor Society, she is a Dean's List Student and a member of TCNJ's Scholar-Athlete Honor Roll.
- Julie spent the summer of 2006 abroad in Costa Rica.



### TCNJ Career Best Times

- 50 Free: 25.37                      100 Free: 56.81                      200 Free: 2:06.06

### Tara Plusch

### Plainview, NY/Plainview-Old Bethpage

- Another TCNJ Scholar-Athlete honoree, she is a team tri-captain this year and is a four-year letterwinner with the Lions.
- A health and exercise science major at TCNJ, with a minor in Spanish.
- She is also a member of the Spanish Honor Society and is a Dean's List Student.
- She is an active as a member of the Health and Exercise Science Club at TCNJ.
- She will be staying at TCNJ in the fall to assist the team, while finishing her internship in health and exercise science.



### TCNJ Career Best Times

- 100 Breast: 1:13.02                      200 Breast: 2:41.04                      200 IM: 2:27.05

**Jennifer Robinson** **Smithtown, NY/Smithtown**

- Jackie Savich** **Marlton, NJ/Cherokee**

- ## TCNJ Career Best Times

- Lee Swanson**      **Princeton Junction, NJ/West Windsor-Plainsboro South**

- ## TCNJ Career Best Performances

- Mary Anne Wilson** **West Caldwell, NJ/James Caldwell**

- ## TCNJ Career Best Times

- ## MEN'S TEAM

**Kyle King** **East Brunswick, NJ/East Brunswick**

- ## TCNJ Career Best Times

- George Savulich** Edison/St. Joseph's - Metuchen

- ## TCNJ Career Best Times

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